

RESPITE IN-HOME

Services are person centered and the amount is determined based on individual need.

| <i>Agency</i> | <i>Address</i> | <i>Contact</i> | <i>Population Served</i> |
|--|---|---|---|
| ADAPT Community Network | 110 Elmwood Avenue Brooklyn, NY 11230 | Project Connect 877-827-2666 | All levels of ID/DD Ages 5 and older |
| AllCare Provider Services, Inc. | 100 Aldrich Street #15A Bronx, NY 10475 | Elizabeth Peralta 877-391-0977 ext 501 elizabethperalta@allcareps.org | Ages 3 and older |
| AHRC NYC | 83 Maiden Lane 7th Floor New York, NY 10038 | Kesha Sutton 212-780-4482 Kesha.sutton@ahrcnyc.org www.ahrcnyc.org | OPWDD enrolled people with an ID/DD diagnosis, ages 3+, who live in a community setting. In-Home Hourly Respite Services |
| Braverhood (formerly known as Hand in Hand) | 1527 60th Street Brooklyn, NY 11219 | Devorie Nathan intake@braverhood.org 718-336-6073 ext. 2 | All diagnosis, all ages. |
| Center for Family Support | 333 Seventh Avenue 9th Floor New York, NY 10001 | Yiranny Almonte 718 518-1500 ext. 345 yalmonte@cfsny.org | Ages 3 and older |
| Esperanza Center | 516 West 181th Street New York, NY 10033 | Jennifer Fernandez 212-928-5810 ext. 126 jfernandez@esperanzacenter.com | Trained staff provides respite services in the family's home. Frequency varies according to need. All ages. Spanish spoken. |
| Harris Hands Community Services, Inc. | 3679 East Tremont Avenue Bronx, NY 10465 | Heidy De La Cruz 718-766-9289 ext. 407 | 4 years and older |
| Help on the Way, Inc. | 1338 Southern Boulevard Bronx, NY 10459 | Maria Cuello 718-484-7810 | 5 years and older All levels of ID/DD |
| Heritage Human Services | 1504 Ralph Avenue Brooklyn, NY 11236 | Sofia Oyola 718-629-3187 | All Ages All levels of DD, including Autism Spectrum Disorder, residing in Brooklyn, Queens, Manhattan and The Bronx. |
| Human First, Inc. | 128 Atlantic Avenue Lynbrook, NY 11563 | Lasagna Rayside 516-823-9500 ext. 251 646-761-1625 (cell) l.rayside@humanfirst.org | Ages 5 and older All levels of ID/DD |

RESPIRE OVERNIGHT

| <i>Agency</i> | <i>Address</i> | <i>Contact</i> | <i>Service Description</i> | <i>Population Served</i> |
|---|--|--|--|---|
| ADAPT Community Network | 1822 Stillwell Avenue Bronx, NY 10469 | Sita Boodram 718-652-9790 ext. 294 | Up to 30 days per year in Brooklyn, Queens, Manhattan and Staten Island Transportation provided | Ages 3 and older Serving ambulatory & non-ambulatory individuals |
| AHRC NYC Sleepaway Getaway for Teens | Various destinations including inclusive resorts | Sacha Amry-212-780-2365 Sacha.Amry@ahrcnyc.org Gleidy Morel-212-780-2385 Gleidy.Morel@ahrcnyc.org | Overnight during school recess | Ages 14 to 21+; FSS Medicaid Waiver Eligibility required. Must reside with a family member, in any of the 5 boroughs. Call for more information. |
| AHRC NYC Weekend Hotel Recreation | Various meeting locations & will travel to destination | Sacha Amry-212-780-2365 Sacha.Amry@ahrcnyc.org Gleidy Morel-212-780-2385 Gleidy.Morel@ahrcnyc.org | Friday night-6pm departure to Sunday afternoon approx. 4pm | Ages 21+; FSS Medicaid Waiver Eligibility required. Must reside with a family member, in any of the 5 boroughs. Call for more information. |
| AHRC NYC | 83 Maiden Lane 9th Floor New York, NY 10038 | Sacha Amry-212-780-2365 Sacha.Amry@ahrcnyc.org Gleidy Morel-212-780-2385 Gleidy.Morel@ahrcnyc.org | Out of home respite provided via respite apt. only from Fridays (after 3pm) until Monday 8am. Open year round, 24 hour supervision, Up to 14 nights per month (42 nights total per year) | Individuals with ID/DD, ages 8+ ; ambulatory with no severe medical/behavioral problem |
| Catholic Guardian Services | 107 Payson Avenue New York, NY 10034 | Natalia Cardona 646-306-4426 ncardona@catholicguardian.org | Overnight Respite 24 hour staffed non-barrier free Transportation NOT provided | Ages 8+; all levels of IDD/DD, Individuals from all boroughs |
| Catholic Guardian Services | 215 East 202nd Street Bronx, NY 10458 | Natalia Cardona 646-306-4426 ncardona@catholicguardian.org | Overnight Respite 24 hour staffed non-barrier free Transportation NOT provided | Ages 8+; all levels of IDD/DD, Individuals from all boroughs |
| Esperanza Center | 516 West 181th Street New York, NY 10033 | Tatiana Gutierrez 212-928-5810 ext 122 Tgutierrez@esperanacenter.com | Overnight Respite | Ages 5+. 3 day weekend getaway. Resort vacation for small groups, fully supervised. Spanish spoken. Transportation to and from resorts provided. Children groups and adults groups travel separately. |
| Federation of Multi-Cultural Programs, Inc. | 2111 Virgil Place Bronx, NY 10473 | Donna Reid 718-822-5991 | Free standing out-of-home up to 30 consecutive days | Ages 18 & older All levels of ID/DD |
| Institute of Applied Human Dynamics, Inc. (IAHD) | 1247 Ward Avenue Bronx, NY 10472 | Gabi Opazo 914-220-4313 | Free standing out-of-home up to 30 consecutive days | Ages 18+; All levels of ID/DD |
| New York Services For the Handicapped | 1140 Broadway Suite 903 New York, NY 10003 | Lori Schenck 732-531-0215 Charles Sutherland 212-533-4020 | Overnight Respite at Camp Oakhurst, NJ 5 to 7 days includes door to door trans. Provided | Ages 8 & older Mild to Moderate Individuals with ID/DD with physical disabilities |

RESPIRE AFTER SCHOOL

| <i>Agency</i> | <i>Address</i> | <i>Contact</i> | <i>Service Description</i> | <i>Population Served</i> |
|--|--|--|---|---|
| ADAPT Community Network PS 721x | 2697 Westchester Ave. Bronx, NY 10461 | Carmen Orellana 646-625-5000 ext. 5002 | After-School Program Children with a diagnosis of Autism, Asperger Syndrome or Spectrum Disorder | Ages 13 to 21 |
| AHRC NYC Truman Campus | P.S. 176 X at 178 850 Baychester Ave Co-op City Bronx, NY 10475 | Sacha Amry-212-780-2365 Sacha.Amry@ahrcnyc.org Gleidy Morel-212-780-2385 Gleidy.Morel@ahrcnyc.org | After School Respite Monday –Friday 3pm to 5:30pm | Ages 6 to 21 FSS Medicaid Waiver Eligibility required. Must have ID/DD diagnosis, attend Board of Education classes and live in the Bronx. Individuals must attend classes at PS 153, 176 & 181 and Truman High School |
| AHRC NYC Truman Campus | 2280 Wallace Ave Bronx, New York 10467 | Gleidy Morel-212-780-2385 Gleidy.Morel@ahrcnyc.org Sacha Amry-212-780-2365 Sacha.Amry@ahrcnyc.org | After School Respite Monday –Friday 3pm to 6pm | Ages 6 to 16 Must have ID/DD diagnosis, attend Board of Education classes and live in the Bronx |
| Esperanza Center | 516 West 18th Street New York, NY 10033 | Angelina Macea 212-928-5810 ext. 116 amacea@esperanzacenter.com | After School Program Tuesdays & Thursdays | Ages 5-17 Children living in Manhattan & Western Bronx. Transportation Provided. |
| Esperanza Center | 516 West 18th Street New York, NY 10033 | Elizabeth Lindao 212-928-5810 ext. 120 Elindao@esperanzacenter.com | Wednesdays 3:30pm to 6:30pm. | Ages 16+. Transportation provided for people living in upper Manhattan and Western Bronx, Spanish Spoken. |
| Harris Hands Community Services, Inc. | 3679 East Tremont Avenue Bronx, NY 10465 | Reinaldo Otero 718-766-9289 ext. 305 | Monday –Friday 3pm-5pm | School Age children |
| Kingsbridge Heights Community Center | 3101 Kingsbridge Terr. Bronx, NY 10463 | Hanna Gabris 718-884-0700 ext. 202 | After-School Respite 2:30pm to 7pm Mon. to Fri.-year round + school breaks in February, April and 2 weeks after summer school snack and dinner are provided | Ages 5 to 21 Mild to Moderate ID/DD Children with Autism, Down- Syndrome, Multiple Disabilities |
| LifeSpire | 1894 Eastchester Rd. Bronx, NY 10461 | Maria Murray 718-892-7765 | After Day Respite Program 3pm to 6pm Tuesdays & Thursdays | Ages 18 & over Adults with ID/DD |
| QSAC, Inc. | 1968 Eastchester Road Bronx, NY 10462 | Vicky Ramsey 718-728-8427 ext. 1418 | After-School Respite 2:45pm to 6pm Mon. to Fri. with Transportation | Ages 8 to 21 Autism Spectrum |